



Mayo Clinic International - SSMC Congress on Endocrinology and Endocrine Surgery: A Case-Based Approach

Center of Continuous Medical Education

Save The Date

**January 6-8,
2023**

Conrad Hotel
Abu Dhabi, UAE



**HYBRID
EVENT**

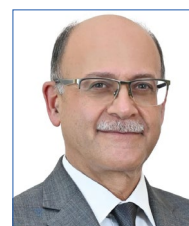
An application has been made to the
UEMS EACCME® for CME accreditation
of this event



Welcome Message



Dr. Geoffrey B. Thompson



Dr. Imad El-Kebbi



Dr. William F. Young Jr.

Dear Colleagues,

On behalf of the scientific and organizing committees, it is our honor and pleasure to welcome you to the **Mayo Clinic International - SSMC Congress on Endocrinology and Endocrine Surgery: A Case - Based Approach** to be held on **January 6–8, 2023**, as a hybrid event at the **Conrad Hotel, Etihad Towers, Abu Dhabi, UAE**.

We are excited for this state-of-the-art event that brings us together to shape the future of endocrinology and endocrine surgery by sharing knowledge and creating innovative ideas.

The congress will offer opportunities to explore breakthroughs in research, share creative and stimulating ideas, make valuable connections, and obtain inspired perspectives from all members of the multidisciplinary team that is key to the management of patients with complex endocrine disorders, both medical and surgical.

The scientific committee has developed a 3-day program that will feature internationally renowned faculty and sessions highlighting the most up-to-date evidence-based developments in endocrinology and endocrine surgery.

The faculty includes the Vice Chair and 3 Past Division Chairs of Mayo Rochester Endocrinology and Endocrine Surgery, 5 Mayo Clinic Rochester Distinguished Clinicians and Past-Presidents of the American Thyroid Association, Endocrine Society, American Society of Bone and Mineral Research and American Association of Endocrine Surgeons.

This unique event will provide outstanding opportunities for networking as well as innovative learning experiences.

The congress will offer several different educational formats, all of which will be case-based. Sessions on controversies in endocrinology, clinical pathologic conferences, and historic vignettes will round out the program. Collaboration with members of the multi-professional team will provide the attendee the ability to solve complex problems, reduce barriers, and improve standards. The congress will allow attendees to learn about best practices in the field from experts around the world.

We hope this unique learning opportunity will help you gain perspectives that will expand your knowledge and motivate you to improve and enhance the care you deliver to your patients on a daily basis.

We anticipate hundreds of attendees from all specialties who will meet, network, and collaborate with endocrine experts while exploring new tools, technologies, and processes.

We wish you a very productive and successful conference.

Shoukrun!

A handwritten signature in black ink that reads "Geoffrey Thompson".

Dr. Geoffrey B. Thompson

Congress President,
Emeritus Professor of Surgery,
Mayo Clinic College of Medicine and
Science, Chair of Surgery,
Sheikh Shakhboub Medical City (SSMC)
Abu Dhabi, UAE

A handwritten signature in black ink that reads "Imad El-Kebbi".

Dr. Imad El-Kebbi

Congress Vice-President
Chair of the Endocrinology Division
Sheikh Shakhboub Medical City (SSMC)
Abu Dhabi, UAE

A handwritten signature in black ink that reads "William F. Young Jr.".

Dr. William F. Young Jr.

Congress Vice-President
Division of Endocrinology,
Tyson Family Endocrinology
Clinical Professor and Professor of
Medicine, Mayo Clinic College of
Medicine & Science, Minnesota, USA

Organizing Committee



Dr. Geoffrey B. Thompson
Congress President,
Emeritus Professor of Surgery,
Mayo Clinic College of Medicine and Science,
Chair of Surgery,
Sheikh Shakhbout Medical City (SSMC)
Abu Dhabi, UAE



Dr. William F. Young
Congress Vice-President
Division of Endocrinology,
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Clinical Professor and Professor of Medicine
Mayo Clinic College of Medicine & Science
Minnesota, USA



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Abu Dhabi, UAE



Ms. Nivine Taha
Assistant Marketing, PR, & Media Officer
Sheikh Shakhbout Medical City (SSMC)
Abu Dhabi, UAE



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Congress Vice President
Chair of the Endocrinology Division
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Abu Dhabi, UAE



Dr. Abba Chedi Zubair
Dean of Education,
Sheikh Shakhbout Medical City (SSMC)
Abu Dhabi, UAE



Ms. Ahlam Abbas Gadalla
Education Administrative Coordinator,
Sheikh Shakhbout Medical City (SSMC)
Abu Dhabi, UAE

Advisory Committee



Dr. Matthew Gettman
Chief Medical Officer,
Sheikh Shakhbout Medical City (SSMC)
Abu Dhabi, UAE



Dr. John Devine
Consultant - Maxillofacial,
Head & Neck Surgeon-Chairman of Division,
Sheikh Shakhbout Medical City (SSMC)
Abu Dhabi, UAE



Dr. Faek El Jamali
Consultant - Colorectal Surgery &
Surgical Oncology,
Sheikh Shakhbout Medical City (SSMC)
Abu Dhabi, UAE



Dr. Alain Michel Sabri
Chairperson & Residency Program Director
Otolaryngology-Head & Neck Surgery,
(SSMC) Adjunct Professor of Surgery,
Khalifa University
Abu Dhabi, UAE



Dr. Salem Al Harthi,
Consultant - General Surgery -
Sheikh Shakhbout Medical City (SSMC)
Abu Dhabi, UAE



Dr. Kashif Hafeez
Consultant - Diabetes & Endocrine,
Sheikh Shakhbout Medical City (SSMC)
Abu Dhabi, UAE

Scientific Committee



Dr. John Morris
Professor of Medicine
Divisions of Endocrinology & Medical Oncology,
Mayo Clinic, Rochester, MN, USA



Dr. Ian Hay
Emeritus Professor of Medicine and Endocrine
Research, Mayo Clinic College of Medicine and
Science, Rochester, Minnesota, USA



Dr. Bart Clark
Professor of Medicine,
Mayo Clinic Division of Endocrinology
Diabetes, Metabolism, and Nutrition,
Rochester, USA



Dr. Benzon Dy
Department of Surgery at Mayo Clinic,
Division of Endocrine & Metabolic Surgery,
Associate Professor of Surgery,
Program Director - Comprehensive
Endocrine Surgery Fellowship



Dr. Eiman Al Seddeeqi
Consultant Physician, Medicine,
Sheikh Khalifa Medical City (SKMC)
Abu Dhabi, UAE



Adrian Vella, MD, FRCP (Edin.)
Division of Diabetes,
Endocrinology & Metabolism,
Earl & Annette R. McDonough
Professor of Medicine, Mayo Clinic, USA



Neena Natt M.D
Associate Professor
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Mayo Clinic, Rochester, MN, USA



Dr. Trenton Foster
Assistant Professor of Surgery
Division of Endocrine & Metabolic Surgery
Mayo Clinic, USA



Dr. Asma Deeb
Consultant Pediatric Endocrinologist,
Sheikh Shakhbout Medical City,
Abu Dhabi, UAE



Dr. Ashish Chintakuntlawar
Chair of Medical Oncology
Consultant Physicians, Medicine,
Sheikh Shakhbout Medical City (SSMC)
Abu Dhabi, UAE

Learning Objectives:

Upon completion of this educational activity, participants will be able to:

- Discuss advances, cutting edge information, innovative technologies and strategies in endocrinology and endocrine surgery.
- Explore breakthrough in research and stimulating ideas in endocrinology and endocrine surgery.
- Discuss multiple topics in network with peers on a variety of professional, career, and leadership subjects.
- Apply knowledge of new topics and guidance in endocrinology to daily practice.

Highlighted Topics

- Latest recommendations for the management of thyroid nodules and thyroid cancer
- Diabetes update
- Latest information regarding lipid management
- What's new in osteoporosis prevention and treatment ?
- Controversies in endocrine surgery for the endocrinologist and oncologist
- Medical, surgical and endoscopic management of obesity; what's new and effective
- Surgical management of thyroid, parathyroid, adrenal and functioning pancreatic and duodenal neuroendocrine tumors-when and how best to evaluate and treat
- Clinicopathologic discussions of challenging thyroid and adrenal disorders

Target Audience

- | | |
|--------------------------|--|
| • Endocrinologists | • General practitioners |
| • Endocrine Surgeons | • Family practice clinicians |
| • ENT Surgeons | • Residents in Training |
| • Maxillofacial Surgeons | • Dietitians |
| • General Surgeons | • Pharmacists |
| • Internists | • Nurses |
| • Oncologists | • Medical Students and Allied Health Professionals |

Speakers



Dr. Amal Abdulla Suhoor
Consultant, Hepatopancreaticobiliary
and Endocrine Surgery,
Sheikh Shakhboub Medical City (SSMC)
Abu Dhabi, UAE



Dr. Ashish Chintakuntlawar
Chair of Medical Oncology
Consultant Physicians, Medicine,
Sheikh Shakhboub Medical City (SSMC)
Abu Dhabi, UAE



Dr. Bart L. Clarke
Professor of Medicine,
Mayo Clinic Division of Endocrinology,
Diabetes, Metabolism, and Nutrition
Rochester, USA



Dr. Geoffrey Thompson
Congress President, Emeritus Professor
of Surgery, Chair of Surgery
Sheikh Shakhboub Medical City (SSMC)
Abu Dhabi, UAE



Dr. Imad El-Kebbi
Congress Vice President
Chair of the Endocrinology Division
Sheikh Shakhboub Medical City (SSMC)
Abu Dhabi, UAE



Marlene Chakhtoura, MD, MSc
Assistant Professor of Clinical Medicine
Calcium Metabolism and Osteoporosis Program
Director, Clinical Research Institute
Director, Research Personnel Program
Assistant Director, Scholars in Health Research
Program (SHARP) Summer
American University of Beirut (AUB)



Neena Natt M.D
Associate Professor
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William F. Young, Jr., MD, MSc
Division of Endocrinology, Diabetes,
Metabolism, and Nutrition,
Tyson Family Endocrinology Clinical Professor
Professor of Medicine, Mayo Clinic College of
Medicine and Science, Rochester, MN, USA



Dr. Abdelrahman Nimeri
Associate Professor & Chief of Bariatric Surgery,
Director of Carolinas Bariatric Fellowship Program,
Director of Atrium Health Weight Management,
Carolinas Medical Center, Department of Surgery,
Atrium Health, Charlotte, NC, USA



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Chairperson & Residency Program Director
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Associate Professor of Surgery, Program director
-Comprehensive Endocrine Surgery Fellowship



Dr. Ian Hay
Emeritus Professor of Medicine and Endocrine
Research, Mayo Clinic College of Medicine and
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Dr. John Morris
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Dr. Mohammed Karajeh
Consultant - Gastroenterology & Hepatology
and Director of Endobariatrics,
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Dr. Trenton Foster
Assistant Professor of Surgery
Division of Endocrine & Metabolic Surgery
Mayo Clinic, USA



Dr. Youseff Maalouf
Chair of Cardiology Division,
Medical Director of the Office of International
and Executive Care & Consultant Cardiologist
Sheikh Shakhboub Medical City (SSMC)
Abu Dhabi, UAE



Moderators & Panelists



Dr. Geoffrey B. Thompson
Congress President,
Emeritus Professor of Surgery,
Mayo Clinic College of Medicine & Science,
Chair of Surgery,
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Dr. Benzon M. Dy
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Associate Professor of Surgery,
Program Director - Comprehensive
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Dr. Asma Deeb
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Dr. Kashif Hafeez
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Head and Neck Surgeon,
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Dr. John Devine
Consultant - Maxillofacial,
Head & Neck Surgeon - Chairman of Division,
Sheikh Khalifa Medical City (SKMC),
Abu Dhabi, UAE

Scientific Program

Day 1 | Friday | January 6, 2023

TIME	TOPIC	SPEAKER
07:00-08:00	Registration	
08:00-08:30	Welcome and Introduction	Dr. Geoffrey Thompson
SESSION 1: PARATHYROID, BONE MODERATOR: Dr. Kashif Hafeez, Dr. Ateq Ali Al Messabi		
08:30-09:00	Primary Hyperparathyroidism and Hypoparathyroidism	Dr. Bart Clarke
09:00-09:30	Minimally Invasive Parathyroidectomy	Dr. Benzon Dy
09:30-10:00	Osteoporosis Update	Dr. Bart Clarke
10:00-10:30	PANEL DISCUSSION Dr. Bart Clarke, Dr. Benzon Dy, Dr. Trenton Foster, Dr. Ateq Ali Al Messabi, Dr. Kashif Hafeez	
10:30-11:00	COFFEE BREAK	
11:00-11:30	OFFICIAL OPENING	
11:30-12:15	KEYNOTE ADDRESS: "The History of Endocrinology & Endocrine Surgery at Mayo Clinic" Ian D. Hay, MD, PhD	
12:15-12:45	Adrenal CPC with Drs. Geoffrey Thompson and William Young	Moderator: Dr. Neena Natt
12:45-14:00	LUNCH & PRAYER Sponsored Symposia (TBD)	
SESSION 2: PITUITARY MODERATOR: Dr. Adrian Vella, Dr. Asma Deeb		
14:00-14:30	Hyperprolactinemia	Dr. Neena Natt
14:30-15:00	Cushing's Disease	Dr. William Young
15:00-15:30	Acromegaly	Dr. Neena Natt
15:30-16:00	PANEL DISCUSSION - Dr. William Young, Dr. Neena Natt, Dr. Adrian Vella, Dr. Asma Deeb	
16:00-16:30	COFFEE BREAK	
SESSION 3: CONTROVERSIES IN ENDOCRINE SURGERY MODERATOR: Drs. Benzon Dy, Dr. Faek El Jamali		
16:30-16:40	Prophylactic Central Compartment Lymph Node Dissection	Dr. Amal Abdulla Suhood
16:40-16:50	Surgery for Stage IV Adrenocortical Carcinoma	Dr. Trenton Foster
16:50-17:00	Parathyroid Autofluorescence	Dr. Benzon Dy
17:00-17:10	Routine Recurrent Laryngeal Nerve Monitoring	Dr. Alain Sabri
17:10-17:30	PANEL DISCUSSION Dr. Benzon Dy, Dr. Faek Al Jamali, Dr. Amal Abdulla Suhood, Dr. Trenton Foster, Dr. Alain Sabri	
17:30	END OF DAY 1	

Scientific Program

Day 2 | Saturday | January 7, 2023

TIME	TOPIC	SPEAKER
07:30-08:00	Welcoming Remarks	Dr. Imad El-Kebbi
SESSION 4: ADRENAL MODERATOR: Dr. William Young, Dr. Trenton Foster		
08:00-08:30	Adrenal Incidentaloma	Dr. Trenton Foster
08:30-09:00	Adrenocortical Carcinoma	Dr. Ashish Chintakuntlawar
09:00-09:30	Pheochromocytoma and Paraganglioma	Dr. William Young
09:30-10:00	PANEL DISCUSSION - Dr. William Young, Dr. Trenton Foster, Dr. Ashish Chintakuntlawar	
10:00-10:30	COFFEE BREAK	
SESSION 5: PANCREAS MODERATOR: Dr. Adrian Vella, Dr. Salem Al Harthi, Dr. Faek El Jamali		
10:30-11:00	Diabetes Update	Dr. Adrian Vella
11:00-11:30	MEN1 Syndrome	Dr. Geoffrey Thompson
11:30-12:00	Hypoglycemia	Dr. Adrian Vella
12:00-12:30	PANEL DISCUSSION - Dr. Adrian Vella, Dr. Salem Al Harthi, Dr. Geoffrey Thompson	
12:30-13:30	LUNCH Sponsored Symposia	
SESSION 6: LIPIDS AND OBESITY MODERATOR: Dr. Adrian Vella, Dr. Trenton Foster, Dr. Talat Shaban Al Shaban		
13:30-14:00	Update on Lipid Management	Dr. Youseff Maalouf
14:00-14:30	Obesity-Medical Management	Dr. Marlene Chakhtoura
14:30-15:00	Obesity-Surgical Management	Dr. Trenton Foster
15:00-15:30	Obesity-Alternative Approaches	Dr. Karajeh Mohammed
15:30-16:00	PANEL DISCUSSION Dr. Adrian Vella, Dr. Trenton Foster, Dr. Youseff Maalouf, Dr. Marlene Chakhtoura, Dr. Karajeh Mohammed	
16:00	END OF DAY 2	

Scientific Program

Day 3 | Sunday | January 8, 2023

TIME	TOPIC	SPEAKER
08:45-09:00	Welcoming Remarks	Dr. William F. Young, Jr.
SESSION 7: THYROID MODERATOR: Dr. Eiman Al Seddeeqi, Dr. John Morris		
09:00-09:30	Evaluation of Thyroid Nodules and Hyperthyroidism	Dr. Imad El-Kebbi
09:30-10:00	Differentiated Thyroid Cancer	Dr. John Morris
10:00-10:30	Anaplastic and Poorly Differentiated Thyroid Cancer	Dr. Ashish Chintakuntlawar
10:30-11:00	Medullary Thyroid Cancer	Dr. Benzon Dy
11:00-11:30	COFFEE BREAK	
11:30-12:00	Novel Therapies in Thyroid Cancer Management	Dr. John Morris
12:00-12:30	PANEL DISCUSSION - Dr. Imad El-Kebbi, Dr. John Morris, Dr. Ashish Chintakuntlawar, Dr. Alain Sabri, Dr. Eiman Al Seddeeqi, Dr. John Devine	
12:30-13:15	CPC (Dr. John Morris, Dr. Trenton Foster) - Thyroid	Moderator: Dr. Colin Maciver
13:15-13:30	PANEL DISCUSSION Dr. John Morris, Dr. Colin Maciver, Dr. Trenton Foster	
13:30-13:45	CLOSING REMARKS	Dr. Geoffrey Thompson
13:45	END OF THE CONFERENCE	

HOW TO REGISTER

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Students	<input type="checkbox"/> \$ 100 AED 367	<input type="checkbox"/> \$ 55 AED 200

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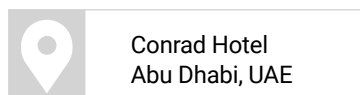
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Cancellation / Substitution Policy

If you are unable to attend, a substitute delegate will be very welcome in your place. If this is not suitable, a 20% administration fee will apply. Registrations cancelled less than two weeks before the event are non refundable.

Event Venue



Conrad Hotel
Abu Dhabi, UAE



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Center of Continuous Medical Education

Save The Date

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**HYBRID
EVENT**



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